



FAMILY CONNECTIONS

“Leading Today the Patriot Way”

Habit of the Week for January 21-24

Habit 3: Put First Things First

Habit 3: **Put First Things First** means to set priorities, make a schedule, and achieve goals. This is often hard to do in our busy lives. Taking a few minutes each week just to sit down and think about the week ahead can actually save us time as our week progresses. This is a great family **WIG** (Wildly Important Goal) Just a simple calendar with important activities written down can teach children the importance of planning and time management. Some tips for weekly planning are:

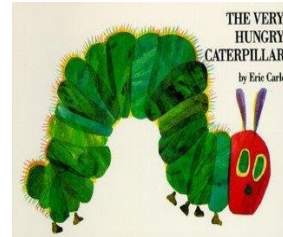
When: Before the week begins.

Where? Someplace quiet

How long? 20-30 minutes

Another way to **Put First Things First** is to avoid needless interruptions, unimportant phone calls, mail, and e-mail. Also many hours a day on video games, TV, and the internet can often keep us from doing the things that matter most.

If students learn to do their work first, then they will be able to enjoy these activities. The Very Hungry Caterpillar is a book that illustrates what it means to put first things first.



<http://www.youtube.com/watch?v=vkYmvxPOAJI#t=41>

To learn more about Leadership at our school, plan to join us for **7 Habits Day** on **March 5th. More coming on that soon!**

Please cut and return the slip at the bottom of this page by Friday, January 24th for the weekly drawing.

— Cut Here —

Story Time

Read the story The Very Hungry Caterpillar or another story. Talk about putting the important first.

We did it!

Talk Time

Talk to your child about how it feels to get their work done first so they can enjoy their time to play.

We did it!

Family Time

During your weekly family time discuss ways you can “Put first things first” with family chores or activities.

We did it!

Work Time

Work together and help each other get chores done.

We did it!

Play Time

Enjoy playing a game together after doing the chores.

We did it!

Week of January 21st– January 24th

Student Name _____ Homeroom Teacher _____