

THINGS WE WANT TO REMEMBER FROM 7 HABITS TRAINING

DAY #1

- Students learning choice
- Students moving from default to design
- Students using proactive language instead of reactive
- I'm a product of my choices
- Choosing our response to what happens to us
- Circle of Concern vs. Circle of Influence
- Being free to choose and being responsible for those choices
- Use proactive language – display/model proactive language
- Transition person leadership roles
- Begin with the end in mind
- Have a choice in response & are responsible for choices
- Character vs. personality
- Circle of Influence
- Use proactive words (proactive)
- See, Do, Get
- Begin with the end in mind

ECC

- Make sure our students get this
- Habit #1 - They are responsible with their choices – Make things in classroom part of the day that compliments student's needs or natural tendencies develop them in a positive way. Use energy for help/health ways.
- Habit #2 – Not focus on negative but turn around inappropriate behaviors to be positive, contributing, successful
- Circle of Influence

Kindergarten

- Using the language is extremely important
- This is their choice, ownership (doing soda lesson with them)
- Teaching character – it's inside out, unseen! Good leaders have character (tree & roots)
- Goose and Golden Egg – do lesson with kids!
- Circle of Concern & Circle of Influence (teach words in Kdg terms) focus on things you can influence
- Teach them to be transition leaders

1st Grade

- Stimulus – Freedom to choose – Response
- Proactive language
- End in mind – set goals
- "I can" statements – goals they understand
- Mental visualizing before doing
- Mission statements – class and personal

2nd Grade

- Language – proactive vs. reactive
- Concept of “circle of influence” – what do you have control over?
- Can you be a transition person? How can you help others make good choices?
- Goal setting
- Help students identify that behavior leads to results
- Class mission statement

3rd Grade

- Proactive language – used & displayed
- Keeping the end in mind - steps to reach their goals
- Freedom to choose “space” – think before you speak
- Build character over personality

4th Grade

Which principles will build our students interest in being a leader?

- The space between the stimulus and the response – choice and proactive language!
- Focus on YOUR Circle of Influence and Circle of Concern – what do you have the ability to change?
- Mission statements in the form of self-reflection – moving toward a “we” attitude

Day #2

- Weekly planning – prioritize
- Big rocks
- Quadrant II – Effectiveness
- Empathic listening
- Emotional Bank – what currency – 5:1 ratio
- Win-win – courage & consideration

Kindergarten

- Emotional Bank Accounts – Read book “Have You Filled Someone’s Bucket Today?” – Make buckets for kids, use pom-poms
- Behavior charts – use win-win agreements
- Scenarios for recess – put in bucket and pull out 1x a week, discuss how to make it a win-win situation
- Charts above the line/below the line

1st Grade

- Win-win agreement – simply for kids
- Seek to understand
- Weekly planning – important before urgent - agendas

2nd Grade

Habit #3

- Keep little things little
- Choose big rocks
- Planning Weekly
- Urgent vs. important

Habit #4

- The 6 different paradigms
- Win-win agreement
- Mutual respect & benefit in relationships
- Having both courage & consideration

3rd Grade

- Plan & schedule “big rocks” first
- Plan & schedule class & personal “big rocks” in student agenda
- Use win-win agreements for students with low effort/inappropriate behavior
- Making deposits (fill others’ buckets)
- Listen without multi-tasking

4th grade

- Effective planning – Turn Q1 into Q2 by planning = less stress
- Reviewing Role – choosing big rocks – scheduling
- Win-win = clear expectations are important as well as effective listening