

Leader in Me: Lesson Plan Template

Title:	"Heart of a Leader Buddy Day Chain"		
Learning Objective:	<p>Students will begin with the end in mind and synergize to create a paper doll chain.</p> <p>Students will seek first to understand and think win-win while working with buddies on each step of the chain.</p>		
FranklinCovey Habit:	<p>Habit 2: Begin with the End in Mind</p> <p>Habit 4: Think Win-Win</p> <p>Habit 5: Seek First to Understand Then Be Understood</p> <p>Habit 6: Synergize</p>		
Subject Area:	Buddy Day		
Activity Type:	<input type="checkbox"/> Individual <input checked="" type="checkbox"/> Group <input type="checkbox"/> Homework		
Activity Time:	40-60 minutes	Grade Level:	K-6

Set Up

Student Materials	Teacher Materials	Review
1 paper doll per student 1 heart per student construction or tissue paper glue markers or crayons scissors	stapler copies of attached templates Discussion questions (listed below in wrap up section)	Language/Key Points: Habit 2: Begin with the End in Mind Habit 4: Think Win-Win Habit 5: Seek First to Understand Then Be Understood Habit 6: Synergize

Introduction

Introduction:

- Teachers will begin with the end in mind by explaining the goal/final product of the day to students.
- Discuss what makes a leader a leader. What does their heart look like?
- Optional: Watch a video clip (i.e. Kid President or one featuring random acts of kindness) to aid discussion. Discuss how they'd describe the hearts of the kids in the video(s).

Activity

Activity 1: Heart of leadership traits (template 1)

- Students will synergize with their buddy to fill one heart with words they agree describe the heart of a leader.
- Students will take turns writing the words. Older buddy will coach younger buddy with spelling.

Activity 2: Torn paper heart (template 1)

- Students will synergize to tear construction or tissue paper.
- Students will glue pieces into the second heart.

Activity 3: Paper doll buddies (template 2)

- Students will decorate their paper doll to look like their buddy. They will seek to understand their buddy's appearance: clothing, hair color, ect.
- Students will cut out their paper doll when finished coloring.

Activity 4: Bringing it all together

- As students finish, teachers will staple buddy's dolls together with one heart in between. The other heart will be used to staple to the next pair of buddies.

Wrap Up

- Teacher will use discussion questions to review the habits that were used. These can be posted on a PowerPoint slide, white board, chart paper, or individual note cards if discussing in groups.

Reflection Questions

What habits were used? How?

How did we synergize with our buddies? With the entire group?

How did you seek to understand your buddy? Why was that important?



