

Teaching the 7 Habits of Highly Effective People

English Estates begins the school year with an introduction to the 7 Habits. Each habit is explicitly taught to students from Pre-K to 5th Grade. Effective practices include using children's literature and the "teachable" moment in the class community to discuss and apply the 7 Habits of Highly Effective People. Teachers have been very creative in finding ways to teach the 7 Habits to children. These are some of the ways we incorporate the 7 Habits of Highly Effective People in our school.

Weekly Focus Habit

During the morning closed circuit news show, 5^{th} grade students talk about the habit of the week and how it applies to students.

Emotional Bank Account

Each student has a visual display of their personal Emotional Bank Account.

Class Mission Statement

Each class has created a mission statement.

Class Flag

Each class has collaboratively created a class flag.

7 Habits Hand Signs

Students have learned the 7 Habits Hand Signs. The Physical Education teachers have taught and practiced the signs during PE classes.

Class Meetings & Talking Stick

Each class has a 7 Habits Talking Stick to use during class meetings and discussions. Class meetings help to create a sense of community in the classroom.

7 Habits Song

Each class is learning a 7 Habits song created by our music teacher.

7 Habits in Discipline

Teachers and administrators use the 7 Habits as a basis of discussion about disciplinary incidents.

7 Habits Trail Mix

In a hands-on way students create a trail mix of foods representing each of the habits and emphasizing how the Habits complement each other.

Leader of theWeek

Each class chooses a Leader of the Week to honor on the morning news. Leaders of the Week lead and pledge on that day and receive a note home explained the reason for the honor. Parents are invited to see their child on the news and visit the classroom.

Leader of the Day

Some classes select a Leader of the Day. Classmate select the Leader of the Day based on their use of the 7 Habits that day.

Random Acts of Leadership

Some classes have students write ways their classmates have shown leadership.

7 Habits Bead Jar

Some classes create a visual example of how the Habits are used in the classroom by having students put a colored bead in a jar (different color for each of the 7 Habits) to recognize the positive use of the Habits.

Plus/Delta Discussion

Many classes use a Plus/Delta discussion to review the day and set goals for continuous improvement.

Issue Bin

Issue Bins are used in classrooms and for staff members to post concerns and issues that need attention.

Data Notebooks

Each student keeps a data notebook to track their academic progress.

Goal Setting

Student set academic, personal, and Covey goals for each grading period. Students learn how to set measurable and achievable goals.

Student Led Conferences

Students lead conferences with their parents. Using the data notebook, students discuss their progress and their goals. This has truly changed the focus of conferences and helped students take ownership of their education and goals.

Classroom Displays

Bulletin Boards and displays in the classroom highlight the 7 Habits.

Writing Assignments

Students write about their favorite Habits, how book and story characters use the habits, and what the Habits mean to them.

Leaders in Literature

First Grade students select a book, dress as the main character and tell how the character uses the 7 Habits. From Captain Underpants to Dinorella our first graders see how the characters show the 7 Habits in some way.

Student Leadership Opportunities

We have found that students can amaze us when given the opportunity to lead. Safety Patrols, Student Council. Peer Mediators and News Crew are some of the ways students show their leadership skills.