My Personal Goal Data Sheet

Use a crayon or marker to create a bar graph that represents how often you practiced the steps to reach your Personal Goal.

_____

All the Time															
Most of the time															
Not Very Often															
Never															
	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day

All the Time															
Most of the time															
Not Very Often															
Never															
	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day