

Day 2: Self-Control-Attitude

TP: Being proactive means “I’m in charge of me.” One way we can be in charge of ourselves is by being in control of our attitude. Part of being in control of our attitude is by talking to ourselves in a respectful way.

A lot of time musicians make music so we can get special messages from it or learn from it. Listen to this song and see if you can hear any ways this singer talks about being proactive.

[Don'tGiveUp-Bruno Mars](#)

Discussion Questions: What did the author of this song want to teach you? How is this song like habit number one? What strategies do you have to use when things get hard for you? Do a close reading of the poem the regular way with students.

Then, do a close read of the poem bottom to top.

Discussion Questions: Why did the author write this poem this way? What do you think the author wanted for you to learn? Which habit does this poem represent?