

Day 3: Circle of Control

TP: Proactive people spend their time on things that are in their circle of control. They can understand the difference between events they can control and events they cannot control. Reactive people spend their time worrying about things they cannot control.

Discussion Prompt: Turn and talk to your partner “What are some things you can control when you come to school? Record “What are some things you cannot control?” Record students thoughts.

*An example of one way to record student thinking is below

