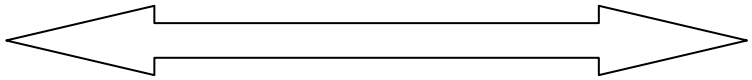
The 8 Habits Family Reflection Sheet

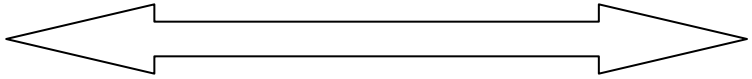
Personal Reflection:
Draw a line where your family falls and a star where you think your child would fall on the habits.

Habit One: Be Proactive



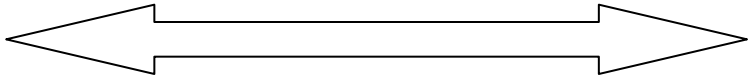
Very Reactive — Very Proactive

Habit Two: Begin with the End in Mind



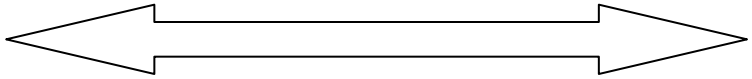
No family mission statement — Our family mission statement is posted and revisited

Habit Three: Put First Things First



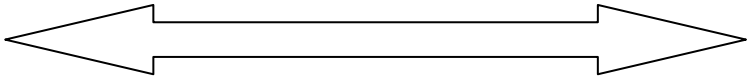
Our time is not at all organized — Our time is very organized

Habit Four: Think Win-Win



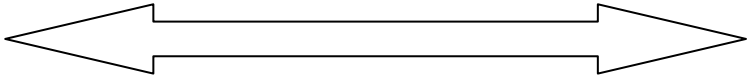
We don't consider each other in decision making — We consider all family members

Habit Five: Seek First to Understand then to be Understood



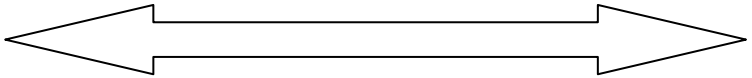
We don't listen well to each other — We listen well to each other

Habit Six: Synergize



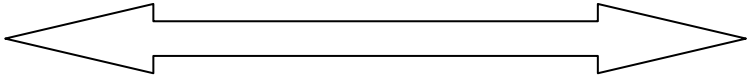
We don't work well with each other — We work well with each other

Habit Seven: Sharpen the Saw



We do not have a balanced life — We have a balanced life

Habit Eight: Find your Voice



We keep silent — We speak up for ourselves and others