

7 Habits of Happy Kids Posters

FINISH



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7 Habits OF HAPPY KIDS



Habit 1:

BE PROACTIVE

I'M in charge of ME



I take initiative

I am a responsible person

I do the right thing without
being asked, even when no one
is looking.

I choose my actions,
attitudes & moods.

I do not blame others for
my wrong actions.

Habit 2:

BEGIN WITH THE END IN MIND

HAVE A PLAN

I plan ahead and set goals.

I look for ways to be a good citizen.

I do things that have meaning and
make a difference.

FINISH



I am an
important
part of my
classroom and
contribute to
my school's
mission &
vision.

Habit 3:

PUT FIRST THINGS

FIRST

WORK FIRST, THEN PLAY

I am
disciplined &
organized.

I spend my time on things that
are most important.

This means I say no to things I know I
should not do.

I set priorities, make a schedule,
and follow my plan.

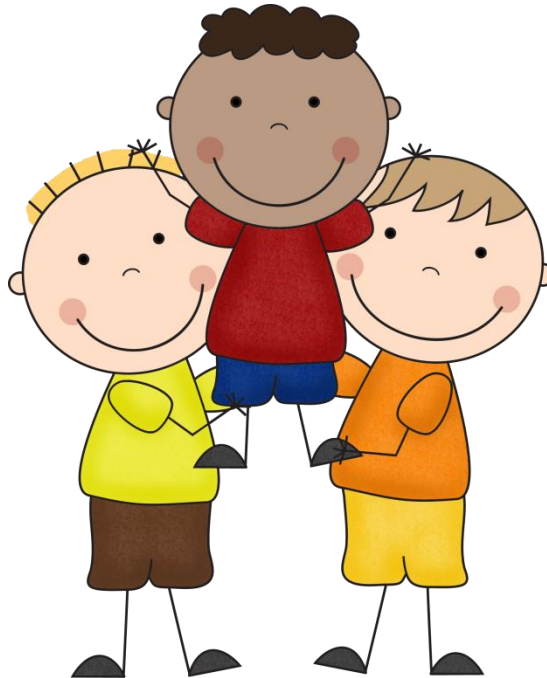


Habit 4:

Think Win-Win

I Win, YOU Win, We Win

I balance courage for getting what I want with consideration for what others want.



I make deposits into others' Emotional Bank Accounts.

When conflicts arise, I look for third alternatives.

I am
confident in
voicing my
ideas.

Habit 5:

I listen to
other
people's
ideas and
feelings.

SEEK FIRST TO
UNDERSTAND, THEN TO
BE UNDERSTOOD

I look
people in
the eyes
when
talking.

Listen
BEFORE
YOU TALK



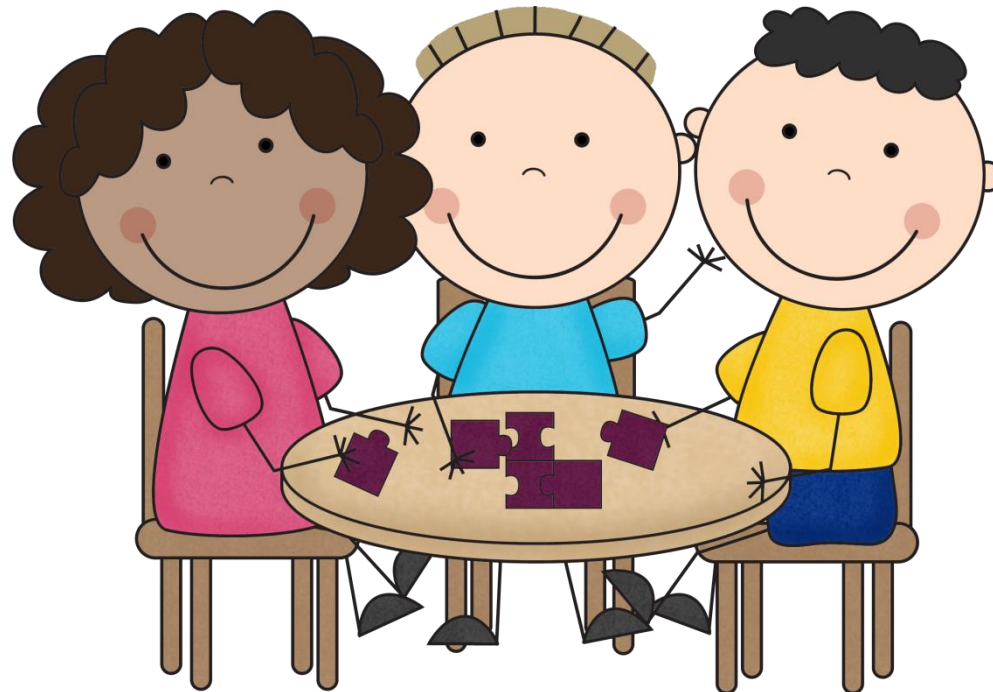
I try to
see things
from their
viewpoints.

I listen to
others without
interrupting.

Habit 6:

SYNERGIZE

TOGETHER IS BETTER



I value other people's strengths and learn from them.

I get along well with others, even people who are different than me.

I work well in groups.

I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than any of us can alone.

I am humble.

Habit 7:

Sharpen the Saw

I take care of
my body by
eating right,
exercising, and
getting sleep.

**Balance
feels
best**



I find
meaningful
ways to help
others.

I spend time
with family and
friends.

I learn in lots of
ways and
places, not just
at school.

Thank YOU!

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