

LEAD Time Protocol

Rationale for LEAD Time The direct teaching of the 7 habits provides but is not limited to, these benefits:

- Give students knowledge of the 7 Habits and leadership principles and practices
- Equips students to live the 7 Habits and demonstrate leadership skills in the classroom, schoolwide, and at home.
- Increase students' social-emotional skills through personal and interpersonal effectiveness; develops the whole-child.
- Improve students' self-confidence by equipping them with social-emotional skills that support positive behavior.

For a full rationale see this link: [Direct Lessons E-Module](#)

*For additional rationale about the added power of integrated approaches see this link: [Integrated Approaches E-Module](#)

LEAD Time: EVERY morning from 8:45 until 9:10 in your LEAD time block. **The TIGHT, you must have at least 3 formal lessons from Second Step/LIM each week.** The LOOSE, you can add in more :) Class meetings get your mornings off to a great start, provide team bonding/culture building opportunities, and allow for you to get a peek inside the hearts of your students! **The more the merrier!**

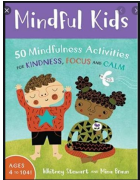
- *Are you wondering about class meetings and some better ways to set it up? Check out all of these resources LIM has to offer us: [Class Meetings Resources](#)*
- *Need any tools/graphic organizers: [Leadership Quality Tools](#)*
- *What about those in-the-moment resources? Scroll down to the "Challenges" section and there is probably a lesson for you! [LIM Resources](#)*

Mindful Moments: This is an additional block added in our master schedule to allow for your classroom family to have a moment before you begin your afternoon classes. **The TIGHT, you must take a mindful moment everyday after lunch.** The LOOSE, you take these moments as much as you need them in order to keep your students engaged and ready to attack whatever hard stuff or fun stuff is coming their way!

LEAD Time Room/Partner Assignments: At this time, due to COVID, we do not have specific partners. However, all staff assigned to your room during lead time should participate in the lessons.

LEAD Time Schedule:

Month	LEAD Time	SEL/Digital Citizenship
Aug/Sep	First 8 days (LIM Resource): <ul style="list-style-type: none"> • See your First 8 Days Resource Binder • Personal/Classroom Mission Statements 	SEL: Setting the Stage DC: We define who we are. 2020/21 District Master Schedule This provides all of our links to

	<ul style="list-style-type: none"> • Leadership Binder Set-up <p>PBIS Academy:</p> <ul style="list-style-type: none"> • ROAR Lessons (ALL Settings) • Tier 1 ROAR Posters • Sep. 4 during specials: Building Expectations, given by principal 	<p>Second Step and Digital citizenship lessons.</p> <p>Mindful Practices Resources:</p>  <p>Everyone should have a set of these Mindful Cards.</p> <p>Habit Chat Cards: This is a great quick-grab resource to jump into habits in the moment (<i>Paper sets are coming soon; this is the link</i>)</p> <p>In-The-Moment Lessons: Challenges</p>
Oct	<p>Be Proactive.</p> <p>PBIS: ROAR: Attitude/Responsibility</p> <p>LIM Lessons:</p> <ul style="list-style-type: none"> • Direct Lessons: Be Proactive 	<p>SEL: Skills for Learning DC: We find balance in our digital lives.</p> <p>2020/21 District Master Schedule This provides all of our links to Second Step and Digital citizenship lessons.</p> <p>Mindful Practices Resources:</p>
Be Proactive	<p>Learning Target: I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked.</p> <p>LIM/SEL Principles:</p> <ul style="list-style-type: none"> • Responsibility • Initiative • Self-Control • Self-Management 	<p>I will know I have been successful when..</p> <ul style="list-style-type: none"> • I develop responsibility for my actions, emotions, attitudes, and behaviors • I understand what it means to choose your own weather(choose your feelings and your responses) • I stop and think before acting. • I focus my thinking and behavior on things that I can control vs. things that I cannot control. • I become a transition person--I take negative things that happen and turn them into something positive, and help build others by being a positive example.
Nov	<p>Begin with the End in Mind</p> <p>PBIS: ROAR: Ownership/Responsibility</p>	<p>SEL: Empathy DC: We care about everyone's privacy.</p>

	<p>LIM Lessons:</p> <ul style="list-style-type: none"> • Direct Lessons: Begin with the End in Mind 	<p>2020/21 District Master Schedule This provides all of our links to Second Step and Digital citizenship lessons.</p> <p>Mindful Practices Resources:</p> <ul style="list-style-type: none"> • Mindful Kids • Habit Chat Cards • In-The-Moment Lessons: Challenges
<p>Begin w/ the End in Mind</p>	<p>Learning Target: I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision. I look for ways to be a good citizen.</p> <p>LIM/SEL Principles:</p> <ul style="list-style-type: none"> • Purpose and Vision • Self-Awareness • Goal Setting • Planning • Reflection • Self-Management 	<p>I will know I have been successful when..</p> <ul style="list-style-type: none"> • I think ahead and consider outcomes and consequences before I make a choice. • I understand how goal setting applies at school and in my personal life. • I can learn how to set meaningful goals and make plans. • I can set expectations • I contributed to developing a classroom mission statement. • I can create a personal mission statement to define meaning and purpose in my life, and who I want to become.
<p>Dec</p>	<p>Put First Things First PBIS: ROAR: Ownership/Responsibility LIM Lessons:</p> <ul style="list-style-type: none"> • Direct Lessons: Put 1st Things 1st 	<p>SEL: Emotion Management DC: We know the power of words and actions.</p> <p>2020/21 District Master Schedule This provides all of our links to Second Step and Digital citizenship lessons.</p> <p>Mindful Practices Resources:</p> <ul style="list-style-type: none"> • Mindful Kids • Habit Chat Cards • In-The-Moment Lessons: Challenges
<p>Put First Things First</p>	<p>Learning Target: I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and</p>	<p>I will know I have been successful when..</p> <ul style="list-style-type: none"> • I can determine what is important (Big Rocks) at school and at home.

	<p>organized.</p> <p>LIM/SEL Principles:</p> <ul style="list-style-type: none"> • Prioritization • Time Management • Organization • Planning • Follow-Through • Self-Management • Accountability 	<ul style="list-style-type: none"> • I can identify what is least important and distractions that take me off track. • I can plan to get the important things done first. • I can create balance and meaning around my roles and goals. • I can live our classroom mission statement. • I can live my personal mission statement.
Jan	<p>Think Win-Win</p> <p>PBIS: ROAR--Ownership/Attitude</p> <p>LIM Lessons:</p> <ul style="list-style-type: none"> • Direct Lessons: Think Win-Win 	<p>SEL: Friendship Skills DC: We are kind and courageous.</p> <p>2020/21 District Master Schedule This provides all of our links to Second Step and Digital citizenship lessons.</p> <p>Mindful Practices Resources:</p> <ul style="list-style-type: none"> • Mindful Kids • Habit Chat Cards • In-The-Moment Lessons: Challenges
Think Win-Win	<p>Learning Target: I balance courage for getting what I want with consideration for what others want. I make deposits in other's Emotional Bank Accounts. When conflicts arise, I look for third alternatives.</p> <p>LIM/SEL Principle:</p> <ul style="list-style-type: none"> • Respect • Courage • Consideration • Conflict Management • Fairness • Problem-Solving 	<p>I will know I have been successful when:</p> <ul style="list-style-type: none"> • I understand the meaning of abundance and scarcity thinking behaviors. • I build trust and strong Emotional Bank accounts in relationships. • I appreciate differences and respect others. • I get along well with others and solve problems in mutual beneficial ways. • I cooperate with others to find Win-Win solutions and create Win-Win agreements.
Feb	<p>Seek First to Understand</p> <p>PBIS: ROAR--Respect/Ownership</p> <p>LIM Lessons:</p> <ul style="list-style-type: none"> • Direct lessons: Seek 1st to 	<p>SEL: Problem-Solving DC: We are critical thinkers and creators.</p> <p>2020/21 District Master Schedule</p>

	<p>Understand</p>	<p>This provides all of our links to Second Step and Digital citizenship lessons.</p> <p><u>Mindful Practices Resources:</u></p> <ul style="list-style-type: none"> • Mindful Kids • Habit Chat Cards • In-The-Moment Lessons: Challenges
<p>Seek First to Understand , Then Be Understood</p>	<p>Learning Target: I listen to other people’s ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking..</p> <p>LIM/SEL Principle</p> <ul style="list-style-type: none"> • Empathic listening • Honesty • Trust • Openness • Public Speaking 	<p>I will know I have been successful when..</p> <ul style="list-style-type: none"> • I am open to others without pre-judgement. • I build high-trust with others by communicating honestly. • I use “I” messages to effectively express thoughts and feelings. • I solve problems or conflicts by using a Talking Stick to listen first, then talk. • I learn how to do public speaking with confidence.
<p>March</p>	<p>Synergize PBIS: ROA--Respect/Ownership/Attitude LIM Lessons:</p> <ul style="list-style-type: none"> • Direct Lessons: Synergize 	<p>SEL: DC: We are critical thinkers and creators.</p> <p>2020/21 District Master Schedule This provides all of our links to Second Step and Digital citizenship lessons.</p> <p><u>Mindful Practices Resources:</u></p> <ul style="list-style-type: none"> • Mindful Kids • Habit Chat Cards • In-The-Moment Lessons: Challenges
<p>Synergize</p>	<p>Learning Target: I value other people’s strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people’s ideas to solve problems because I know that by learning with others we can create better solutions than anyone of us can</p>	<p>I will know I have been successful when..</p> <ul style="list-style-type: none"> • I celebrate differences as strengths and optimize those strengths to accomplish group goals. • I am humble and open to new ideas and involve others. • I work well in teams by listening, brainstorming

	<p>alone. I am humble.</p> <p>LIM/SEL Principle:</p> <ul style="list-style-type: none"> • Valuing diversity • Collaboration • Team Work • Creative Thinking • Imagination • Problem-solving 	<p>ideas, and learning from each team member.</p> <ul style="list-style-type: none"> • I seek creative solutions by combining diverse ideas to create “3rd alternatives” or new and better ideas. • I overcome behaviors that get in the way of teamwork and creative collaboration.
April	<p>Sharpen Your Saw</p> <p>PBIS: ROAR--Respect, Ownership, Attitude, Responsibility</p> <p>LIM Lessons:</p> <ul style="list-style-type: none"> • Direct Lessons: Sharpen Your Saw 	<p>SEL:</p> <p>DC:</p> <p>2020/21 District Master Schedule</p> <p>This provides all of our links to Second Step and Digital citizenship lessons.</p> <p>Mindful Practices Resources:</p> <ul style="list-style-type: none"> • Mindful Kids • Habit Chat Cards • In-The-Moment Lessons: Challenges
Sharpen the Saw	<p>Learning Target:</p> <p>I take care of my body by eating right, exercising, and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at schools. I find meaningful ways to help others.</p> <p>LIM/SEL Principle:</p> <ul style="list-style-type: none"> • Renewal • Life balance • Continual Learning • Growth Minded 	<p>I will know I have been successful when.</p> <ul style="list-style-type: none"> • I understand the importance of taking care of myself in healthy ways and make good choices for health and happiness. • I make healthy, balanced food choices to “Sharpen the Body;” and avoid junk food. • I focus and improve memory to “Sharpen the Brain;” and improve learning. • I do enjoyable activities and acts of kindness that build relationships at school and at home to Sharpen the Heart.” • I help and serve others, do things that are meaningful and bring happiness to “Sharpen the Soul.”
May/June	Recap/Review	