

## Leader in Me: Lesson Plan Template

<b>Title:</b>	Habit #1 Be Pro Active		
<b>Learning Objective:</b>	What does it mean to be proactive? <ul style="list-style-type: none"> <li>• Explain Proactive vs. Reactive</li> </ul>		
<b>FranklinCovey Habit:</b>	Be ProActive		
<b>Subject Area:</b>	Reading		
<b>Activity Type:</b>	___ Individual	__X__ Group	___ Homework
<b>Source:</b>			
<b>Activity Time:</b>	45 minutes	<b>Grade Level:</b>	4

### Set Up

Student Materials	Teacher Materials	Review
Chart paper Markers	Coke Can, Water Bottle The book: <u>When Sophie Gets Angry</u> by: Molly Bang	Reactive Language (I'll try) vs. Proactive Language (I'll do it)

### Introduction

#### Give Examples of Habit:

- Have a can of soda and shake it. Explain how reactive people make choices based on impulse and as the pressure builds, they suddenly explode.
- Proactive people are like water. Shake them up all you Want and nothing comes out. No fizzing, bubbling or Pressure. They are calm, cool and in control.

## Activity

### Literature Lesson:

Book Chosen: When Sophie Gets Angry By: Molly Bang

- Name some ways Sophie was reactive in this story.
- Does Sophie show signs of being Proactive in this story?
- Predict what you think will happen next if the story continued....

## Wrap Up

Reactive Language (I'll try) vs. Proactive Language (I'll do it)

## Extensions & Integrations

Activity - Start a class list of Proactive Language and then a list of Reactive Language.  
Break the class into groups and have them add to both lists.