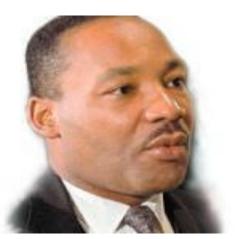
### Tr. Martin Ruther Xing Ir,



and the 7 Habits

## Habit 1: Be Proactive® You're in Charge

• You're in Charge

Every person is the creator of his/her own destiny. Choose how to live.



"Every man must decide whether he will walk in the light of creative altruism (humanity) or in the darkness of destructive selfishness."

### Habit 2: Begin With the End in Mind® • Have a Plan

Don't give up, even when things get tough.



"The path to freedom is filled with obstacles. Stay steadfast in your beliefs."

#### Habit 3:

### Put First Things First®

### • Work First, Then Play

Even though we want to quit, we can't until the job is done, then we can take time out to relax and have fun.



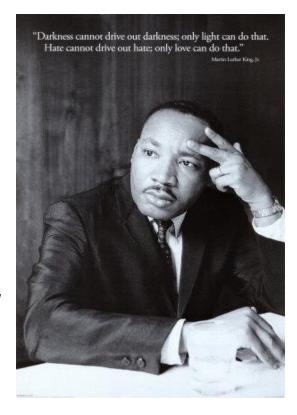


Whatever your life's work is, do it well. A man should do his job so well that the living, the dead, and the unborn could do it no better.

# Habit 4: Think Win-Win® • Everyone Can Win

Together we can find a solution that can work for everyone

"I look to a day will not be judged their skin, but by their character."



when people by the color of the content of

#### Habit 5:

### Seek First to Understand, Then to Be Understood®

### • Listen Before You Talk

It's important to really listen to what the other person has to say. Once you understand their point of view, solutions are easier to find.



"We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love. There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our enemies."

## Habit 6: Synergize® • Together Is Better

We all work together towards a common goal. With all of us, we will achieve our goal faster and better.



"The first question asked was: "If I stop to help this man, what will happen to me?" But... the good Samaritan reversed the question: "If I do not stop to help this man, what will happen to him?"

## Habit 7: Sharpen the Saw® • Balance Feels Best

We have to take time out to do things with family that we

enjoy.



"The art of acceptance is the art of making someone who has just done you a small favor wish that he might have done you a greater one."

