

Weekly Reflection: Upper Elementary

On a scale of 1-4, with 1 meaning sometimes and 4 meaning always, circle the number that best describes how much you used each habit this week.

Habit 1: Be Proactive	1	2	3	4
Habit 2: Begin With the End in Mind	1	2	3	4
Habit 3: Put First Things First	1	2	3	4
Habit 4: Think Win-Win	1	2	3	4
Habit 5: Seek First to Understand, Then to Be Understood	1	2	3	4
Habit 6: Synergize	1	2	3	4
Habit 7: Sharpen the Saw	1	2	3	4

The habit I used the most this week was Habit _____

Circle one:

I gave 100% effort to everything I did this week.

I tried but not all the time.

I did not do my best but will do better next week.

I reached my personal goal this week (circle one): Yes No

I reached my academic goal this week (circle one): Yes No

My personal goal for next week is: _____

My academic goal for next week is: _____

At the end of each marking period, you will look back at your Weekly Reflections and determine how well you lived each of the habits. Using this information you will give yourself a grade for each habit and provide examples (supporting evidence). During your student-led conference, you will share this information.