



# Be Proactive



I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.

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## What does it mean to be proactive?

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# Synergize



I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than anyone of us alone. I am humble.

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## What does it mean to synergize?

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# Sharpen the Saw



Take care of my body by eating right, exercising, and getting steep. I spend time with my family and friends. I learn in lots of ways and lots of places, not just at school. I take time to find meaningful ways to help others.

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## What does it mean to sharpen the saw?

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# Seek First to Understand, Then to Be Understood



I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.

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**What does it mean to seek first to understand, then to be understood?**

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# Think Win Win



I balance courage for getting what I want with consideration for what others want. I make deposits in others' Emotional Bank Accounts. When conflicts arise, I look for third alternatives.



## What does it mean to think win-win?

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# Put First Things First



I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and organized.

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## What does it mean to put first things first?

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# Begin with the End in Mind



I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision, and look for ways to be a good citizen.

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**What does it mean to begin  
with the end in mind?**

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