

Leader in Me: Lesson Plan Template

Title:	Habit #1 Be Pro Active		
Learning Objective:	What does it mean to be proactive? <ul style="list-style-type: none"> • Explain Proactive vs. Reactive 		
FranklinCovey Habit:	Be ProActive		
Subject Area:	Reading		
Activity Type:	___ Individual	__X__ Group	___ Homework
Source:			
Activity Time:	45 minutes	Grade Level:	4

Set Up

Student Materials	Teacher Materials	Review
Chart paper Markers	Coke Can, Water Bottle The book: <u>When Sophie Gets Angry</u> by: Molly Bang	Reactive Language (I'll try) vs. Proactive Language (I'll do it)

Introduction

Give Examples of Habit:

- Have a can of soda and shake it. Explain how reactive people make choices based on impulse and as the pressure builds, they suddenly explode.
- Proactive people are like water. Shake them up all you Want and nothing comes out. No fizzing, bubbling or Pressure. They are calm, cool and in control.

Activity

Literature Lesson:

Book Chosen: When Sophie Gets Angry By: Molly Bang

- Name some ways Sophie was reactive in this story.
- Does Sophie show signs of being Proactive in this story?
- Predict what you think will happen next if the story continued....

Wrap Up

Reactive Language (I'll try) vs. Proactive Language (I'll do it)

Extensions & Integrations

Activity - Start a class list of Proactive Language and then a list of Reactive Language.
Break the class into groups and have them add to both lists.